

LEAD with a PURPOSE

EMPOWER
ENGAGE
ENCOURAGE



Critical Care Nurses Association of the Philippines, Inc.

(CCNAPI)

2019 Accomplishment Report



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INTERNATIONAL TRAINING COURSE IN STROKE NURSING MANAGEMENT 2019 PRASAT NEUROLOGICAL INSTITUTE, BANGKOK THAILAND

JANUARY 2019

JAN NICOLE CARPENA, RN, SCRN

As 2018 comes to an end, I welcomed the year 2019 with high hopes and opportunities of career growth. As I have been one of the few people selected to attend the International Training Course in Stroke Nursing Management 2019 of Prasat Neurological Institute (PNI) in Bangkok Thailand. Every year, health care practitioners from different countries especially in the Southeast Asia, gather in this Annual event generously offered by Thailand.



Thailand has recognized the global impact of Cerebrovascular Disease or Stroke. Similar to other parts of the world, Stroke still is a major health burden in

Thailand. Despite the continuous improvement of their health care system, the mortality rate of stroke is still increasing during the past decade. Stroke related mortality is unfortunate but is much worse for the stroke survivors, as stroke creates major burdens of disability not only to patients but their families as well. As part of Thailand's campaign against Stroke and Raising awareness, each year they open their doors for this annual convention and collaboration between countries in the fight against stroke.

It began with a warm welcome from the staff of PNI including their Directors. It made us feel like we're still at home and although we came from different countries, we felt as if we were all part of their family. We were then briefly introduced to PNI's



history and rich culture. We learned that PNI has come a long way in its fight against stroke with its own innovations and adaptation of world standards of care. Throughout the course of our 2 weeks course, different health care professionals in their own specialties, shared their mastery and knowledge and also inspired us to do more in our fight against stroke. We were fortunate enough to have

experienced firsthand and learned, the many different and general approach in the prevention, treatment and rehabilitation of stroke patients. We saw how much work and detail goes to every step in the treatment of stroke. They proudly showed their modern approach in the treatment of stroke as most of their hospitals are capable of advanced procedures such as mechanical thrombectomy and neurosurgical interventions such as coiling and clipping of an aneurysm. They also work



hand in hand with Angel's (Acute Network strivinG for ExceLlence in Stroke) Initiative which helps them be up to date with the latest in stroke management.

Before our 2-week course comes to an end, we took a 4-hour drive as we travelled to the distant province of Prachinburi, Thailand. This is where the Chaophraya Abhaibhubejhr Hospital is located and widely known for its traditional approach using Thai Medicine. We were joyfully greeted by their staff and director as they led us to its famous mansion situated within the hospital compound. This mansion was owned by the respected Governor and Royal commissioner, Chaophraya Abhaibhubejhr during the early 1900. There, I was surprised to learn that the



Thai's still use traditional medicine in the treatment of different diseases including stroke. Thai Traditional Medicine is even considered as an approved branch of Medicine. Thai Traditional doctors, uses herbs' bones and different concoctions mixed together to treat serious ailments. Who knew that even the Thai massage, which they are famous for, are also used for the rehabilitation of stroke survivors. Together with different oils and the knowledge of pressure points they are able to alleviate pain and restore adequate blood flow to different parts of the body. I also had the privilege of talking to one of their lead pharmacist and directors. While I was fascinated that they still use this kind of treatment, I was more surprised that only little study was conducted with the efficiency of this alternative treatment. I believe that this could be a suitable alternative treatment and many patients could benefit from these.

Overall, as I reach the end of this educational experience, I have learned to value every aspect of the experience and appreciate all the knowledge and attributes that I have gained because of it. I even ended up learning a lot more than I thought to in such short time span. I believe that Prasat Neurological Institute should keep this aspect of international course as it does provide us, healthcare practitioners with the experience and knowledge needed in order to provide better service and treatment to our country. Needless to say, my educational experience has had a drastic influence not only who I am as person, but also, it has shaped my goals and aspirations for the future. Although, I still have a long way to go in my aspiration of being a great stroke nurse, the knowledge that I have attained throughout this course has proved to be crucial in fueling my passion for learning and my interests in developing my abilities, and using them to make a difference in my country and in the lives of others.



CCNAPI ANNUAL CONVENTION: LEAD WITH A PURPOSE (EMPOWER, ENGAGE, ENCOURAGE) MAKATI DIAMOND RESIDENCES, PHILIPPINES

FEBRUARY 2019

BEDA GALICIA, RN, MAN, JOHN CHRISTIAN AGUSTIN, RN

The 2-day event held at Makati Diamond Residences last February 25 & 26, 2019 was a success. It was witnessed by 420 delegates both from the Philippines and ASEAN region.

The theme of the conference, Lead with a Purpose was aimed to reach out to it's members and fellow nurses to inform them on what is the organization's purpose and actions that served a testament of the critical care nurses' cognition to bring out the best outcomes for the critically-ill patients and their families guided by up to date practices making the critical care nurses purpose into safe, quality and attainable practice. This conference concluded to inspire nurses in understanding the outcome of caring to all critically-ill patients.



These will be attained by using the 3-E's approach: Engage, Empower, Encourage. An individual must be engaged to capture one's attention and be involved in the transformation of practice that will benefit not only our patients but also the organization involved. One should be empowered to make decisions on what needs to improve in their current practice, enhancement of systems should be made and be bold in leading to attain their vision & mission. Lastly, he/she must be encouraged to stimulate one's enthusiasm in going through the process of change.

Facebook feature by Daiwai Olson



Journal of Neuroscience Nursing

Yesterday at 7:50 PM · 🌐

#neuronurses past president Mary Kay Bader is that little dot way up front. Presenting in Makati Philippines to a sold-out conference. CCNAPI 2019

...

The event was opened by the Philippine Regulation Commission Board of Nursing Chairman Honorable Glenda Arquiza, Professor in Tokushima, Japan Rozzano Locsin, the President of CCNAPI Ms. Isabelita C. Rogado, and the over-all chairman of the said event Ms. Beda B. Galicia.

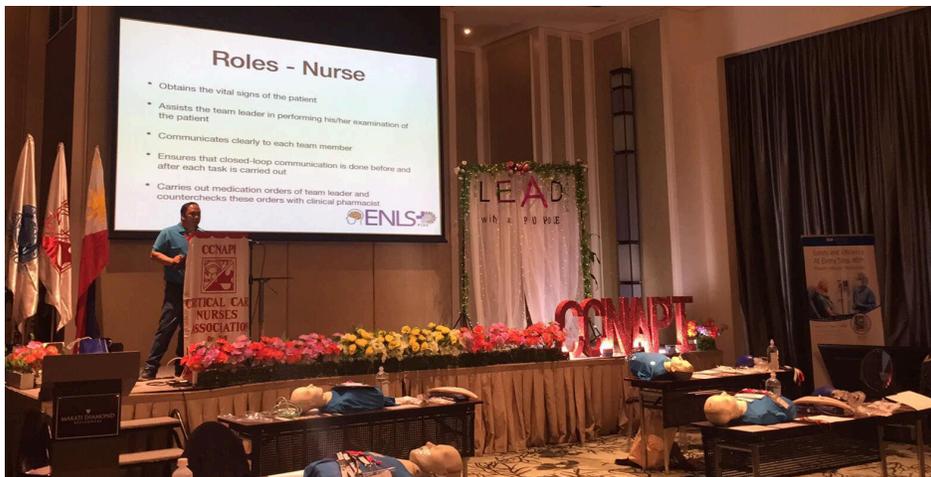


The organizing team was able to invite Mary Kay Bader, a nurse specialist from United States of America currently affiliated with Mission Hospital St Joe health,

Mission Viejo California. Aside from her hospital affiliation, she also published numerous researches that talks about care of patient with neurological deficiencies. One of her talk was also featured on the facebook page of Journal of Neuroscience Nursing.

The topics that were brought up in the event revolves around the Intensive Care Unit subjects mostly on neurological and cardiac problems, while introducing ECMO- the complexity and importance of it in prolongation of one's life and they also gave an update on the Philippine Professional Nursing Roadmap Coalition- where we are currently at; the development of nurse specialist in the Philippines- the need of it, and opened our eyes on the current status of Organ donation and Transplant in the country.

The event was not all plenaries, the organization allotted the afternoon proceedings with multiple breakout sessions, 4 research group that focused on the following: Patient & Family engagement in the ICU, Emotional Intelligence- the relevance of it in Critical Care Nurses, the knowledge of nurses in transferring their patients from ICU to general nursing unit and CCNAPI's activity- what nurses needs. They also have 3 hands-on activity regarding: management of Traumatic Brain Injury, Resuscitation in Newborn and Pediatric patient.



The programme was well presented by the critical care members from Luzon, Visayas and Mindanao. It was also supported by our international country members from Malaysia and also the member of the 1st Southeast Asian Federation of Critical Care Nurses (SEAFCCN).

Every year the CCNAPI convention offers topics that will surely help enhance a nurse's competency. And each year the aspiration to contribute to the improvement of the nursing profession never fades. The organization hopes that each delegate in this year's convention will be able to lead in their own way - be engaged, empowered, encouraged.



STROKE NURSING CERTIFICATION AMERICAN ASSOCIATION OF NEUROSCIENCE NURSES (AANN), DENVER, USA

MARCH 2019

YANA SERONDO RN, NVRN-BC, SCRN

CCNAPI is indeed very grateful of our achievements through the years with nursing certifications in neuroscience specialty. Our partnership with Neurocritical Care Society (NCS) paved its ways for a fruitful engagements with American Association of Neuroscience Nurses (AANN) and Agnes Marshall Walker Foundation (AMWF).

Three years back, AMWF agreed to provide funding for SCRN exam for Filipino nurses. CCNAPI identified nurses for the uptakes through the local stroke nursing certification program which was held the following year.

Today, we are ecstatic that our efforts were able to be recognized as the 1st SCRN's outside the US territory and 1st in the Philippine Stroke Nursing History. The recognition was done in the AANN Annual Meeting in Denver, USA during the keynote session and was delivered by the President of AMWF, Lynn Hundley.



A NURSING CERTIFICATION EXPERIENCE STROKE CERTIFIED REGISTERED NURSE

MARCH 2019

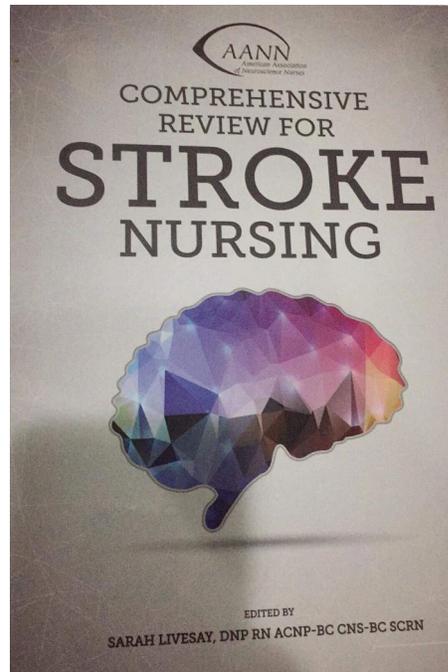
WELLA KRIS TARUC-AVILA, RN, SCRN

It was a great privilege that I was chosen by the CCNAPI to be one of the recipients of the SCRN certification grant. And I am more grateful that I was able to reciprocate the opportunity.

The team decided to conduct monthly review held in the CCNAPI headquarters and each of us were given different topics every meeting to discuss to the group. It was an interactive group discussion and mentors were sharing their knowledge in stroke. In a way, learning was fun and easy. It was a roller coaster ride during the preparation phase, especially for me, that I have to travel back and forth,

from Cagayan de Oro to Manila, for three consecutive months. We also had a video conference with Sarah Livesay for a review, it was a great help because it gave me an overview of how the exam goes. We also seek help and guidance from colleagues who underwent and passed the SCRN exam. I can say that our mentors helped us and guided us along the way until examination day. It was a tough ride but it was all worth it.

The challenges I encountered during the exam period was the pressure on my part, because we were selected and somehow expected to deliver good results. Time management also played a big factor because I've been working 88 hours for 15 days, aside from mothering my children and some errands. Finding time to review and study on my own was really a great challenge.



I was really glad I made it and the team made it. A part of Philippine Nursing History for specialty certification.



The scholars of AMWF AANN on the day of examination.

EMIRATES CRITICAL CARE CONFERENCE: STROKE & NEUROCRITICAL CARE IN THE PHILIPPINES

DUBAI, UAE

APRIL 2019

YANA SERONDO RN, NVRN-BC, SCRN



It is indeed an honour to represent the country to share our experience in stroke and neurocritical care nursing. The organizing committee led by our dearest friend, Ged Williams, paved way for the Philippines and other countries to share their critical care nursing experience in this conference.

In our country, we offer different certification programs for our critical care nurses. A few of which were offered like basic life support, advanced cardiac life support. In CCNAPI, fundamental programs is also offered such as fundamentals of neurological care and neurocritical nursing care even simulation programs of the emergency neurological life support.

They audience in this conference were inspired by our achievements throughout the years. As early as 2014, Philippines, through CCNAPI, launched the 1st Stroke Nursing Certification Program in partnership with the American Association of Neurovascular Clinicians (ANVC). Victoria Swatzell, the Vice President of the ANVC conducted the exam and our country bragged the 1st board

certified neurovascular RN's (NVRN-BC) outside the US territory. The graduates of the local certification of CCNAPI compiled a Filipino translated NIHSS (Fil-NIHSS). Later on, this project was adapted by Philippine General Hospital which was studied and validated for use in the local setting. The project was submitted to Neurology Asia for publishing.



Moving forward to more success in stroke nursing certification, we have met colleagues from AANN and AMWF through Neurocritical Care Society. Wherein the fruits of our labor in this project showed a tremendous impact in Philippine Stroke Nursing Certification. This partnership attained another history as the 1st Stroke Certified RN's in the country and again, another first outside US territory. It was such an ecstatic moment to have these certifications given to Filipino challengers and was proven that Filipino's can have such, without stepping out of the country, having US board certifications.



In the Neurocritical Care Nursing world, Philippines is coping to be at par with the first world. Offering certifications such as emergency neurological life support to nurses and other health care professionals. The efforts of CCNAPI through our

President, Ma. Isabelita Rogado, was recognized last 2017 during the Annual Meeting of Neurocritical Care Society in Hawaii, and was awarded with a Presidential Citation.

CCNAPI participates in the NCS as a member of Philippine Neurocritical Care Society who is a global partner of NCS and one of the board member of CCNAPI being a part of the international nursing committee member. Being part of the nursing committee, Philippines have a voice in nursing activities of NCS such as the Currents Journal, NCS Nursing Resources, and PH representation during annual meetings.

These are only a few of the achievement highlights of CCNAPI in its arm in neuroscience nursing. Ged Williams and other faculty member, together with most Filipino's who are currently working in UAE and attended the conference, were very proud that Philippines achieved a lot in this aspect of nursing specialization. One of the Filipino nurses who came up to me, have said that we are more advanced than their newly opened hospital in UAE.

Ged Williams said to the audience that CCNAPI did an wonderful job in this specialization and ask us what CCNAPI would want to do next with our critical care nurses. Ruth Kleinpell, one of the faculty & speaker, encouraged us to conduct research about the impact of what we do.



With a lot of CCNAPI's achievements, it takes a village to create success. And the strength of every CCNAPI member is the strength of the whole team. If it is

not available in your resources (e.g. country), go out and search the world for it, for you to have one available.

1ST PHILIPPINE NEUROCRITICAL CARE (PNCS) CONGRESS - THE AGE OF NEUROCRITICAL CARE: ADAPT, GROW & EVOLVE

MAKATI DIAMOND RESIDENCES, PHILIPPINES

APRIL 2019

YANA SERONDO, RN, NVRN-BC, SCRN

KATHERINE OLAZO-VELEZ, RN

The Philippine Neurocritical Care Society (PNCS) on its First Congress with the theme "The AGE of Neurocritical Care: **A**dapt, **G**row and **E**volve!" In collaboration with Critical Care Nurses Association of the Philippines, Inc. (CCNAPI) were participated by over 300 delegates composed of Local and International Medical Professionals such as Physicians,



Nurses, Clinical Pharmacists, Nutritionists, Physical Therapists, Respiratory Therapists, Occupational Health Workers and Other Health Care Providers. PNCS was founded in year 2017 as a non-profit organization made up of experts and recognized leaders in various disciplines that are involved in optimizing the delivery of neurocritical care. This Society is a Global Partner of the Neurocritical

Care Society of the United States of America. Dr. Geraldine Siena L. Mariano, is the Over-All-Chair and President of the Philippine Neurocritical Society, on its First Congress. The congress was also attended by the NCS Board Members.

The program was attended by different members of the healthcare team from different parts of the islands of Philippines and the participants learned a lot from the array of faculty.

This 2-day session was truly a brain overload activity.



ASEAN COLLABORATION: PNCS MAKATI DIAMOND RESIDENCES, PHILIPPINES

APRIL 2019

KATHERINE OLAZO-VELEZ, RN

The Philippine Neurocritical Care Society had also conducted an ASEAN forum represented with five countries: Thailand, Cambodia, Malaysia, Myanmar and Philippines.

The Forum for ASEAN Collaboration was hosted by our very own Professor Maria Isabelita C. Rogado MAN, RN, she is the Vice President of the Philippine Neurocritical Care Society, also the President of the Critical Care Nurses of Philippines Inc. In her introduction, she addressed the concerns on how to empower healthcare professionals in optimizing the delivery of Neurocritical Care with emphasizing the importance of multi-disciplinary approach. Moreover, she



accentuated the prominent roles of the Nurses, particularly in providing critical care for the debilitating patients. She even high-lightened in her speech the difficulties that a nurse is encountering as a middle person: a middle person between the Doctor-

Nurse-Patient. Also, as a middle person too between the Patient-Nurse-Relatives (of the patient). There are so many struggles a Nurse is undergoing... it is very apparent that the Nurse to Patient Ratio is very frustrating nowadays. Even the bullying between Physicians, also with the other co-workers is unambiguously rampant. Moreover, most of the Nurses are underpaid and over-worked. Nurses' Right is what she invoked!

The Main Topic for the Forum are the following:

1. Perspectives of Neurocritical Care in their respective countries
2. Challenge: How do we collaborate?

On this part, the Representatives of ASEAN countries shared in the Forum their collaboration stories. The first one who shared in the forum is Dr. Sroy Odom of Cambodia, followed by Dr. Sri They Shani of Malaysia, Dr. Thar-Thar Oo of Myanmar, Dr. Surasak Komonchan of Thailand, and Dr. Geraldine Siena Mariano

of the Philippines. Each one of the representatives discussed the thematic issues relevant to their respective countries. They also stated their opinion about how the hospitals in their country acknowledge the importance of effectively managing critically ill patients and ensuring the expected outcomes particularly the patient's good prognosis and recovery.

This Forum is a great opportunity that they found paths to make a better strategy on how to improve not just the Neurocritical Care in their respective countries BUT also the effective and sustainable Health Care Delivery System.

ENLS+ SIMULATION: 1ST PNCS CONGRESS MAKATI DIAMOND RESIDENCES, PHILIPPINES

APRIL 2019

MARK GIL DELA ROSA, RN, MAN

The Philippine Neurocritical Care Society held the Emergency Neurologic Life Support (ENLS) Simulation during the 1st PNCS Congress last April 30 and May 1, 2019 at Makati Diamond Residences, Makati City. This is the second time that the PNCS conducted the ENLS Simulation in the Philippines and was attended by 43 Healthcare Personnel.



The two days training / workshops emphasizes the importance of the rational and essential intervention that needs to be carried out in the first critical hour of a patient with neurocritical disease/ emergency. The first day discussed the algorithm of the 14 Neurological Emergencies and the science behind of the treatment and interventions to be rendered. Topics included were Acute Non-Traumatic Weakness; Airways, Sedation and Ventilation; Approach to a Comatose



patient; Status Epilepticus, Intracranial Hypertension, Ischemic Stroke; Pharmacology; Meningitis and Encephalitis etc. Participants also gained a comprehensive understanding of the trends in neurocritical care.

The second day is the application of their theoretical knowledge as they immerse and participate on the simulation of 4 cases in ENLS namely; Approach to a Comatose Patient, Traumatic Brain Injury, Status Epilepticus and Acute Brain herniation. The participants were given unique cases to which their critical decision making and analytical thinking is challenged. One of the goals of the said simulation is to promote and acknowledge the Multidisciplinary Approach to which the it is the key for a successful resuscitation. At the end of each simulation, participants listen to the debriefing portion conducted by the facilitators. Thru debriefing mechanisms, the participant's rationale and insights were explored.

The participants who attended the ENLS Simulation came from different institution and Universities all over the Philippines that signifies their expression of interest on the discipline of neurocritical care.

100 YEARS CELEBRATION OF PRC-BON: CELEBRATING A CENTURY OF MILESTONES IN PHILIPPINE NURSING

MANILA HOTEL, PHILIPPINES

JUNE 2019

GENALYN ARCE, RN, MAN

The Board of Nursing celebrated its 100 years of milestone culminated at the Centennial Hall Manila Hotel Roxas Blvd, Manila Philippines. This momentous event was attended by distinguished persons and significant personalities in the field of nursing profession and other related nursing organizations that gave us the opportunity to look back with gratitude to the past and take lessons for what we have learn. What made the event so great was that it was successfully organized by different specialty organization pooled together their time and talent in order to create a memorable one.



CCNAPI was one of the organizing committee headed by Mrs. Isabelita Rogado who offered themselves in so many different ways being in charge of the scientific program.

A thanksgiving mass was officiated by Rev, Fr. Julius Paul C. Factora wherein he emphasized in his homily the value of passion in giving service to humanity, spreading love and care to the least of our brethren without hesitations and no limitations. It's the true essence of satisfaction and happiness of what a person can do.

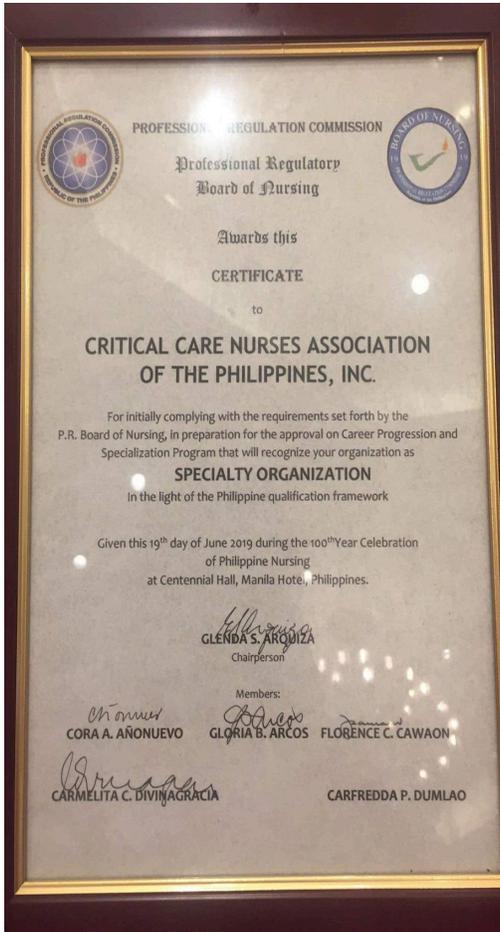
Former BON Betty Meritt and as the PPNRC convener said; *"100 years is a great milestone, a celebration of journey initiated by the nursing leaders to what the Philippine Nursing of today"*. She recognized the 25 Specialty Nursing organization and challenged them to be united as one in order to meet the mission and vision of the Philippine Nursing roadmap of 2030.

CCNAPI and other specialty nursing organizations received the recognition and citation for initially complying the requirement set forth by the PRBON in preparation for the approval on career progression and specialization in the light of the Philippine qualification framework.



Former BON's and the past board of examiners were also recognized and being referred as FB's(Former BON) by Dr. Betty Meritt.

Dr. Meritt said; *memories and history of the FB's had much grown and some set back, many ups and downs and unforgettable crisis, the over much opportunities of growth and development of Philippine Nursing. The challenge of living the process of "becoming", contributed significantly of what we are today.*



Hon. Glenda Arquiza, the current chairman PRBON introduced the keynote speaker Hon. Jose Cueto Jr. current commissioner PRC. Dr. Cueto addressed his speech briefly and simple. He commended the BON for its dedication and timeless effort in attending consultative meetings and always in detailed presentation among other board organizations. He just challenged the BON to review and the need to revisit their guidelines and standards for the percentage passing in order for new nurses will benefit.

Professional legacy is about wanting to leave a mark on the world and be remembered for this work; a tangible symbol of something to leave behind(Sherman, 2016) defining what a legacy is by Dr. Divina gracia. She wanted to leave a legacy as a caring and passionate mother to her family she said. Passion and commitment is not significant if we don't put things into writing. This milestone, teachings from the past will not be realized if it is not documented.

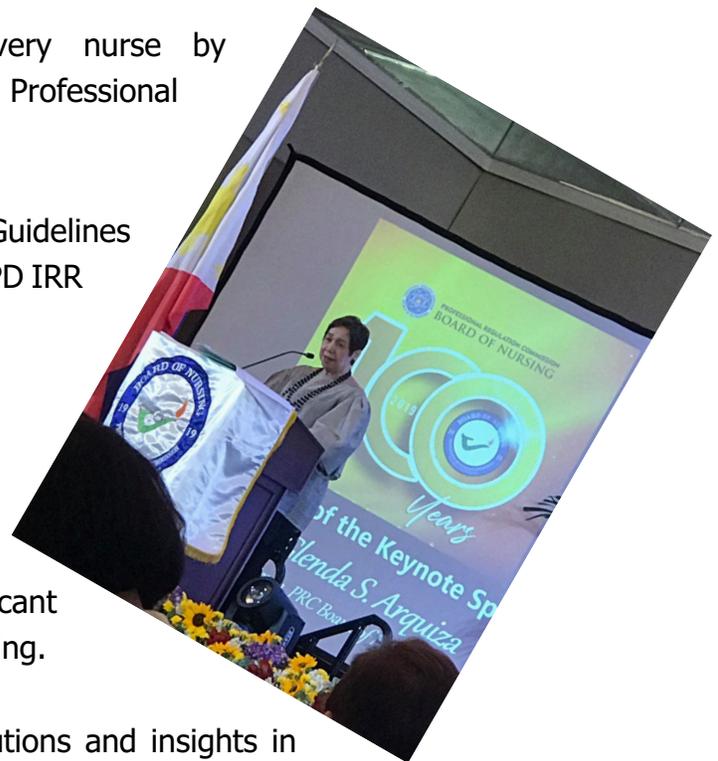
BON in 100 years milestone produced some impressive accomplishments cited by Dr. Carmencita Abaquin, former BON chairman. To name a few of 2017-2019:

- Resolution series 2016 was passed superseding resolution no 08,S 1994 on IVT

1. Res.11 Series of 2017- reclassification of subjects for NLE Nursing practice 1
2. Philippine professional nursing practice standards (PNPS)-Res.#22 Series of 2017
3. National Nursing Career Progression and Specialization
4. Guidelines on recognition of nursing specialty organizations
5. Refilling of the Comprehensive Nursing bill in Congress with salient provisions, to wit:
 - Institutionalize minimum base of nurses working in both private and government health institutions at SG 15;
 - Operationalize advance Practice Nursing
 - Ensure competence of every nurse by adhering to the Philippine Professional Nursing practice Standards
6. Res. No.2019-1146 Operational Guidelines during the transition period of the CPD IRR for the Nursing profession

Cultural show was presented by talented singers and dancers from Philippine Heart Center having lead by Mr. Yuhan of Dermatology and aesthetic specialty organization which made the event more festive and colorful having the significant personalities in the field of nursing joined in dancing.

Former BON's (FB's) shared their contributions and insights in the Nursing profession through video presentation headed by CCNAPI who was in charged and shared their best effort to interview them one by one.



Dr. Caster Palaganas PNA National president introduced the PNA initiatives and projects.

1. *Nurses's Pulse* –The PNA would like to hear from you. Nurses have voices and they have to be heard. Whether it's inspiring stories in our practice or ousting nursing problems that need to be addressed, we want to know. Nurse pulse aims to be a channel for the everyday nurse to say what he or she needs to say. Help us help you speak out. #PNANursepulse. E-mail your stories at: pnanursepulse@gmail.com
2. *Nurse's watch*- we have heard your battles and outcry. PNA will continue responding and find long term solutions. Nurses have the right to know what happened to the voices and inspiring stories sent in Nurse's pulse. Nurse's watch will keep the public and the nurses informed of the actions related to their cries #PNANurseWatch

Dr. Palaganas emphasized that nurses are unsung superheroes. We not only provide fluids and nutrients but also nourish the soul and rejuvenate the heart. The PNA through the department of public affairs committee on publications launched its own newsletter called "SINAG" and would like to invite PNA members to share your thoughts and insights on different matters that affect nursing. She encouraged to submit your commentaries, essay, literacy work or personal opinion on the following issues and concerns. Dr. Palaganas end her quote that PNA will be called "*More responsive PNA Inc.*"

The event was remarkably closed by Hon. Glenda Arquiza. She visualized of what our nurses are today was captured from our previous leaders being called as heroes, genuinely good people, passionate and kind, fearless but gentle. She thanked every organization and committees with sincere gratitude to make this event successful with special mention to the members of the PPNRC headed by former BON Dr. Merrit ,Mrs. Isabelita Rogado and Dr. Palaganas.

This momentous celebration was moderated by Maria Rita Tamse MAN, RN and Earl Sumite,PhD,RN as masters of ceremony.

CCNAPI is the national organization of nurses interested in the field of critical care nursing. It was founded in February 1977 with approved SEC registration, a founding member of the World Federation of Critical Care Nurses (2001) and accredited as a Provider of Continuing Professional Education by the Professional Regulation Commission.

Critical Care Nurses Association of the Philippines, Inc

17th Flr. Medical Arts Tower (MATI) Bldg, The Medical City Avenue
Pasig City
ccnapi_nurses@yahoo.com
ccnapi_nurses@ccnapi.org
www.ccnapi.org



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2019 Edition

Editor-in-chief: Diana Jean Serondo, RN, NVRN-BC, SCRN

Assistant Editor: Mark Gil Dela Rosa, RN, MAN