



CRITICAL CARE NURSES ASSOCIATION OF THE  
PHILIPPINES, INC.

# 2020 CCNAPI Accomplishment Report

**Unstoppable Nursing:  
A Balance of the Mind, Body & Spirit**



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CCNAPI  
**Newsletter**

# Roadshow Launch

**Mark De La Rosa, MAN, RN**

The Critical Care Nurses Association of the Philippines, Inc. in partnership with Pfizer Sterile Injetables, Philippines launched its first run of educational activity entitled "Shaking the Shock" last February 8, 2020 at the Parks Inn Radisson Hotel, Clark, Angeles, Pampanga. This is the first of 4 runs of the roadshow partnership of the two organizations.



CCNAPI Team headed by Prof. Maria Isabelita Rogado and the Pfizer Team headed by Mr. Paul Albert Magpantay

The roadshow aims reach nurses by nurturing and providing continuous learning to different institutions in the upper Luzon area and patient quality care is the optimal goal. Another aim is to promote recognition, assessment, correlation &



**"SHAKING THE SHOCK"**

establish care plan to a patient in acute phase of shock; establish understanding of holistic approach to an acutely ill client; demonstrate competencies in calculating dose, concentration and flow rate of high alert medication that is use in managing shock patient.



The program was attended by 75 nurses coming from different institutions in Angeles, Pampanga. Several topics were discussed like shock epidemiology, shock and shock syndromes. The phases of shock, management of patients, and workshop regarding the nursing responsibilities in administering different vasopressors.



CRITICAL NURSES ASSOCIATION OF THE PHILIPPINES, INC.

**2020 CCNAPI ANNUAL CONVENTION**

**“UNSTOPPABLE NURSING:  
A BALANCE OF THE MIND, BODY AND SPIRIT”**

## **2020 CCNAPI Pre-Convention Seminar**

**CPT PHIL ADRIAN S CARRERA NC**

As part of the 2020 CCNAPI Convention activities, the CCNAPI conducted a one-day preconvention seminar last February 23, 2020, focusing on enhancement of cultural and religious competencies in clinical practice of ICU nurses as well as mindful empowerment to reduce nurses' burnout and depression. The activity started with opening remarks given by Mr. John Christian Agustin, RN, the incumbent CCNAPI Vice President, followed by the seminar proper. Ms. Malinee (Mary) Khamjaiboon RN, MN, an ICU nurse from Priest Hospital in Bangkok, Thailand, delivered the topic on religious and cultural diversity in the ICU with her vast experience in taking care of Buddhist monks in her institution. She gave an interesting talk about Thai culture, the life of Buddhist monks, and nursing in Thailand. She also shared five precepts in Buddhism that guides her morally in nursing practice and personal life.

In the afternoon, Susan Dustin, a published author, and palliative expert, had a very lively interactive session and laughter speaks all ages, races and has no gender preference and that it creates positive-thinking, help ward off depression, anxiety, and sleep problems, and builds interpersonal skills. It was an afternoon full of interaction, music, laughter, and fun that enables the participants to reflect on the need for self-care in the noble work that they do as nurses. The seminar was well attended with more than 40 participants. The attendees are very appreciative and enthusiastic about the conduct of the pre-convention seminar.

**-FEBRUARY 2020-**



*(From left to right) Ma. Isabelita Rogado (CCNAPI Pres.), Mulis Katili Abu Azzam (Guest Speaker), Mark Santos (Guest Speaker), Malinee, Khamjaiboon (Guest Speaker), Hon Elizabeth Lagrito (BON) , Hon. Gloria Arcos (BON), Hon. Glenda Arquiza (BON-Chair), Rosie De Leon (PNA President)*

It is again the time of the year, the moment where the Critical Care Nurses Association of the Philippines Inc. (CCNAPI) celebrates their annual congress, with the theme of “Unstoppable Nursing: A Balance of Mind, Body & Spirit”.

This year’s congress aims to give updates on the current issues and trends pertaining to critical care, focusing on the totality of well being. Its intention is to go deeper, touching the mind thru evidenced-based practice that can improve the nursing profession, honing the skills thru return demonstration during the workshop in the afternoon sessions, and giving emphasis on the importance of a positive mind in the workplace despite the different challenges nurses face in their daily life. Due to the roadblocks that a nurse encounter, they must maintain an equilibrium in their mind, body, and spirit as they continue to push forward in becoming a force in the healthcare industry.

This year’s congress was held at Makati Diamond Residences on February 24 & 25, 2020 with 400 nurses coming from different parts of the Philippines, working from both public and private sectors.



**CCNAPI ANNUAL CONVENTION**

**“UNSTOPPABLE  
NURSING: A BALANCE OF MIND BODY & SPIRIT”**



Dr. Ma. Isabelita Rogado, CCNAPI President

The President of the CCNAPI, Dr. Ma. Isabelita Rogado, welcomed the distinguished speakers and the attendees coming from several regions in this event. Furthermore, she explained the theme of this year's congress.

The nursing profession is changing but what is constant is the challenges which nurses face each day. Nurses use a holistic approach in caring for their patients. Are we doing the same to our healthcare providers to ensure work-life balance? Nurses feed their minds with unlimited knowledge, however, leaving their body and spirit famished. Hence, topics presented are appropriate to the present needs of the nurses.

Do you know that the Philippines is one of the biggest supplier of nurses worldwide? Why do nurses leave? That is a question that we all know the answer. So to the nurses who don't have plans yet to work abroad, the topic discussed by Betty Meritt will trigger your curiosity for sure. Ms. Meritt, the President of the Philippine Nursing Roadmap Coalition (PPNRC) gave the nurses an update on what is the current development and direction of the Philippine roadmap 2030 which will improve the nursing profession. One of the goals of PPNRC is to introduce nursing career tracks. These tracks will help nurses carve their path, giving them options to be specialized in their field. Specialization in nursing can be acquired through certification programs offered by different specialty organizations. However, this is not the sole requirement.



BGEN Marlene Padua (RET),  
BOD of Philhealth as keynote speaker

One must have the needed skills, competencies, and educational attainment which was further discussed when she explained the Philippine Qualification Framework (PQF). Nursing profession is moving forward with the help of the Board of Nursing, it is now up to the nurses to answer the call - to walk the path they made for the future generation of nurses.



Ms. Betty Meritt, President of PPNRC



The next topic entitled “Bullying in the workplace” was delivered by Sonnie Santos *(Left side)*. He defined and cited scenarios of bullying in the healthcare setting and the different outcomes of it. He also stressed out factors that lead to bullying such as personal reasons or culture in the workplace. Moreover, he explained the effects of bullying to an individual and work environment. Lastly, he enumerated ways on how to manage it in the workplace. A take away from his topic - we came from different eras. Previous generations were more mentally ready to face this harsh world. They have the mentality of “Survival of the Fittest”, which makes them mentally tougher. A factor to consider is that they lived in a more challenging time. Comparing it today, where communication was made easier due to technological advancements, almost everything can be accessed thru the tip of your fingers. Change is inevitable. The world is transforming towards simplification of way of life, thus, making young ones less resilient than those who are seasoned. For those who feel that they are being bullied and plan to quit their job, think first. Be a thinker rather than a feeler. Always remember that there is a thin line between bullying and instilling discipline.



Learning never stops as the CCNAPI doesn't waste time in imparting knowledge to their nurses. While the participants were enjoying their lunch, Dr. Albert Albay *(right side)* discussed updates on management of shock, sponsored by the Pfizer Philippines. He thoroughly tackled the topic touching both medical and nursing standpoint. He enumerated the signs that the nurse must recognize to know what to assess further in the different phases of septic shock. Furthermore, fluid resuscitation management and use of vasopressors from the guidelines of the Surviving Sepsis Campaign (SSC) were emphasized. An eye-opener for us nurses is that management of doctors might differ from one another, and in the center of that will be our assessment. We can save life, even alter the course of disease prognosis, through proper assessment. Always remember to be pro-active than re-active.

Other topics discussed were the following: Impact of the 4th Industrial Revolution in the Healthcare discussed by Dr. Ma. Isabelita Rogado that showed the technological advancement in international level towards treating & preventing various diseases and what the future holds.

The Art and Science Behind the Care of Acute Stroke discussed by Mark Santos & The Management of Comatose discussed by Malinee, Khamjaiboon focused on both the art and science aspect of the two neurological diseases, while touching the importance of the spiritual side of an individual during the course of his confinement.

The topic Caring for the Calloused Carers by Robert Sumaguingsing and Flickering Fireflies: Human- Connectedness- Technology and Compassionate Fatigue in Critical Care Setting by Rudolf Kirby Martinez both emphasized ways on how to avoid fatigue that leads to burn-out, reminding nurses the importance of touch & empathy to our patients.

Immediate Relief of Chronic Pain: Improving the Effectiveness of Critical Nursing Care was discussed by Dr. Christian Mancao, a pain management specialist, where his approach is not through pharmacological intervention but thru the use of muscle stimulation. He demonstrated different techniques that could alleviate pain without the use of medications.

The afternoon sessions for the 2-day event are Therapeutic Modalities using Rhythm and Laughter, Hemodynamic Monitoring, Computation of Inotropic Support, and a Research Initiative focusing on the knowledge of the critical care nurses from various age group.

Overall, the 2020 annual convention was a success. It was comprehensive, fun, and fresh. This 2-day event, nurses' importance was highlighted. It empowered them to be at the forefront of care making them an unstoppable force - pushing new boundaries with new knowledge, innovation, and research.



Congratulations to the CCNAPI Scholars and ABNN-SCRN passers presented by Dr. Maria Isabelita Rogado CCNAPI President & Dr. Geraldine Mariano, President of Philippine Neuro Critical Care Society (PNCS) witnessed by Mark Santos, CCNAPI Ambassador (from left to right) Wella Taruc, Eric Batan, Diana Jean Serondo, Joanne Cauntay,



**CRITICAL CARE NURSES  
ASSOCIATION OF THE PHILIPPINES**

You could reach us at the following:

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COVID RELATED  
**Critical Care Nurses Experiences**

The following pandemic-related experiences were gathered voluntarily and persons involved consented to become a part of this newsletter.

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As a military nurse, I was given the task and privilege to be one of the members of the first team to be deployed in the WTC COVID Quarantine Facility. At first, fear and anxiety crept into me but our sense of duty became stronger than our fears.

**CPT CINDEL G CABUSORA NC**  
Military Nurse

”

# Military Nurse by Profession, Critical Care Nurse in Mind and Heart

CPT CINDEL G CABUSORA NC

I have been working inside the Intensive Care Unit for more than five (5) years since I finished my Critical Care Nursing Specialization programmed by the Nurse Corps, AFP for its personnel. Through those years, my daily routine involves working together with the ICU team in a highly controlled, organized and structured setting managing complex diseases and patient requiring high acuity of care using critical care tools that aid in my decision making and provision of specialized care. While many dreaded entering the doors of the ICU, it has become a place of comfort and solace for me. Somehow, I have been “wired” to feel, think and act as an ICU Nurse.

Today, as the number of COVID 19 cases in our country continues to rise steadily and hospitals are driven to its full capacity, the government has tasked the AFP to organize, operationalize and man several COVID Quarantine Facilities. As a military nurse, I was given the task and privilege to be one of the members of the first team to be deployed in the World Trade Center COVID Quarantine Facility. At first, fear and anxiety crept into me as I prepare to face the unseen enemy in an unfamiliar environment extremely distant from the ICU setting that I was accustomed to. However, when our team set foot on the facility for the first time, our sense of duty as military personnel became stronger than our fears.



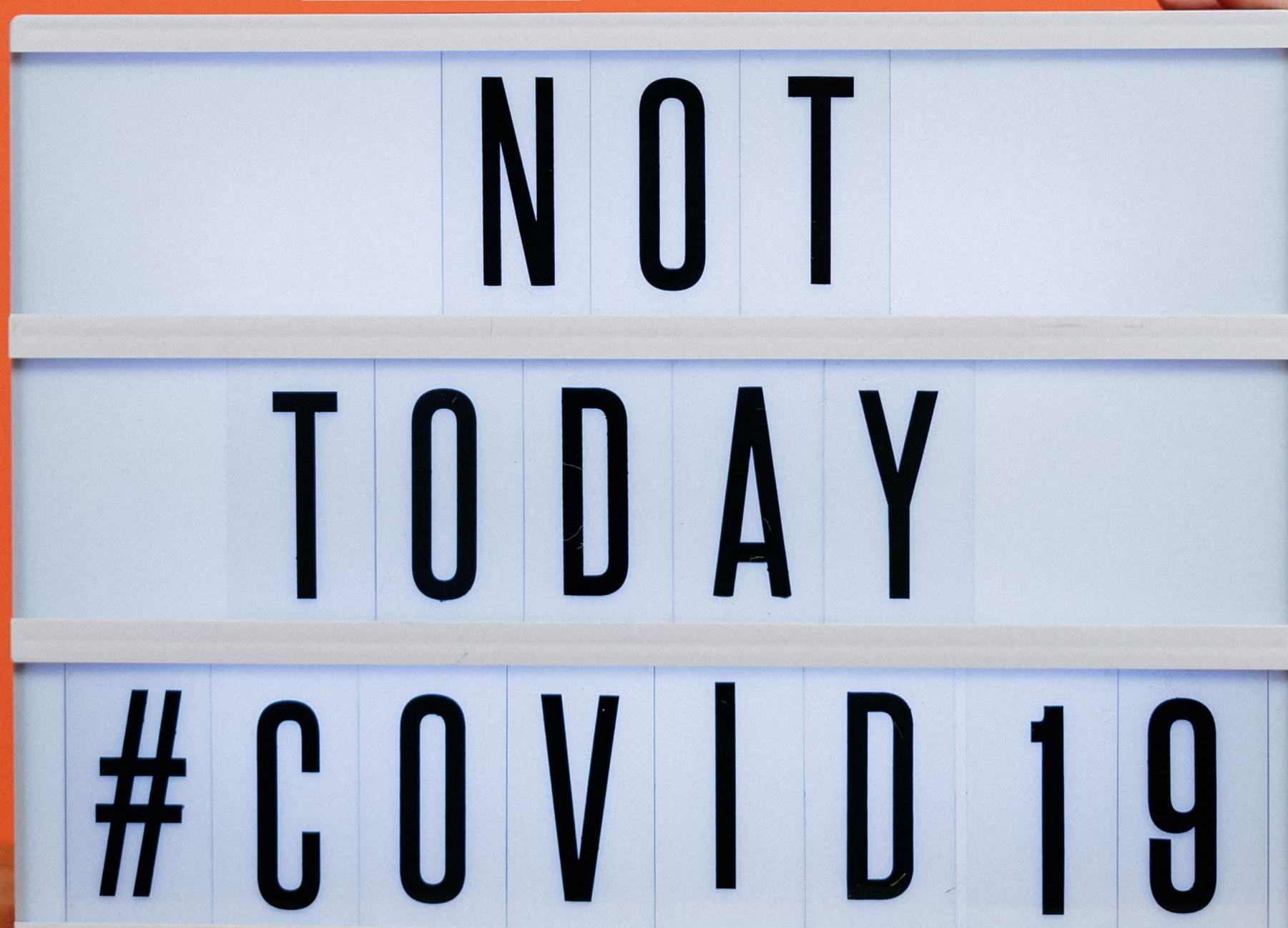
Surprisingly, the “meticulous, organized and structured ICU Nurse” inside me has paved the way for me to contribute highly during the planning and execution phase especially in the facility’s acute care unit. In addition, since there were still no established “rule book” in these situation, I have to rely on my experiences in the ICU as well as the available interim guidelines in organizing and establishing workflows inside the facility. Working with a multidisciplinary team inside the ICU has also developed my interpersonal and communication skills which helped greatly as I apply these on a larger scale working with different agencies and institution.

Finally and most important of all, in terms of patient assessment, intervention and evaluation of care; my years of practice inside the ICU has given me, what I truly consider, not only a skill, but a gift to be able to care for COVID19 patients with a keen eye for assessment, a quick mind to decide and plan needed actions, a skillful hand for intervening, and a kind heart to understand and empathize with them.

With these, I am truly thankful for the experiences I had inside the walls of the ICU under the mentorship of my senior military and civilian nurses, likewise, the relevant and updated trainings I've had with the Critical Care Nurses Association of the Philippines Inc., has certainly shaped me to become the nurse I am today.

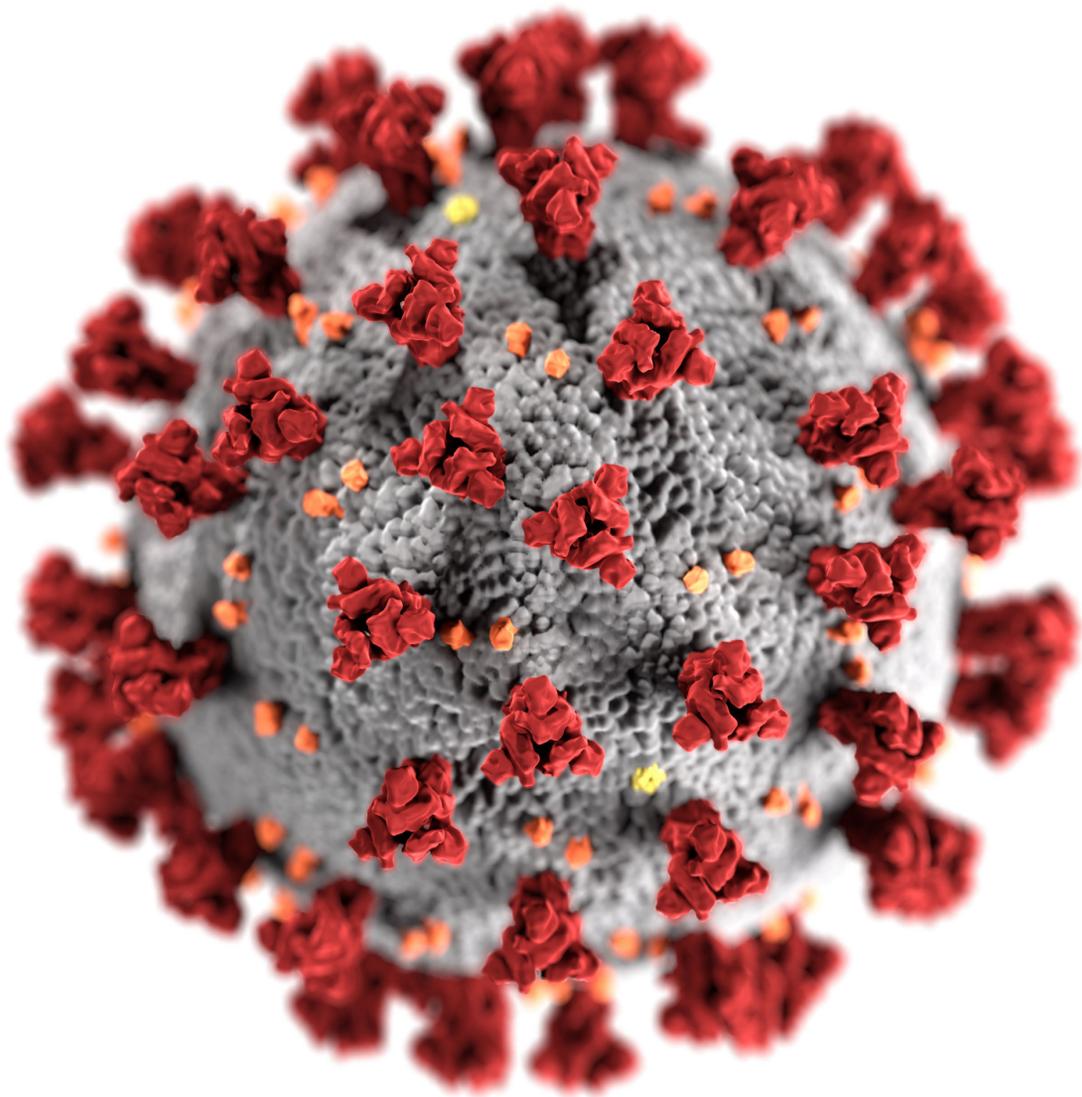


[www.ccnapi.org](http://www.ccnapi.org)



“

I am anxious of unknowingly contracting the virus and expose my family members and likewise, I am also anxious whether I will get through with this pandemic and when will it last...



I also experienced the dilemma of the relatives who wants to have normal burial instead of cremation especially those who have families abroad. And ultimately, discrimination on health care workers is real.

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Charlene E. Torres  
Contractual ICU nurse



“

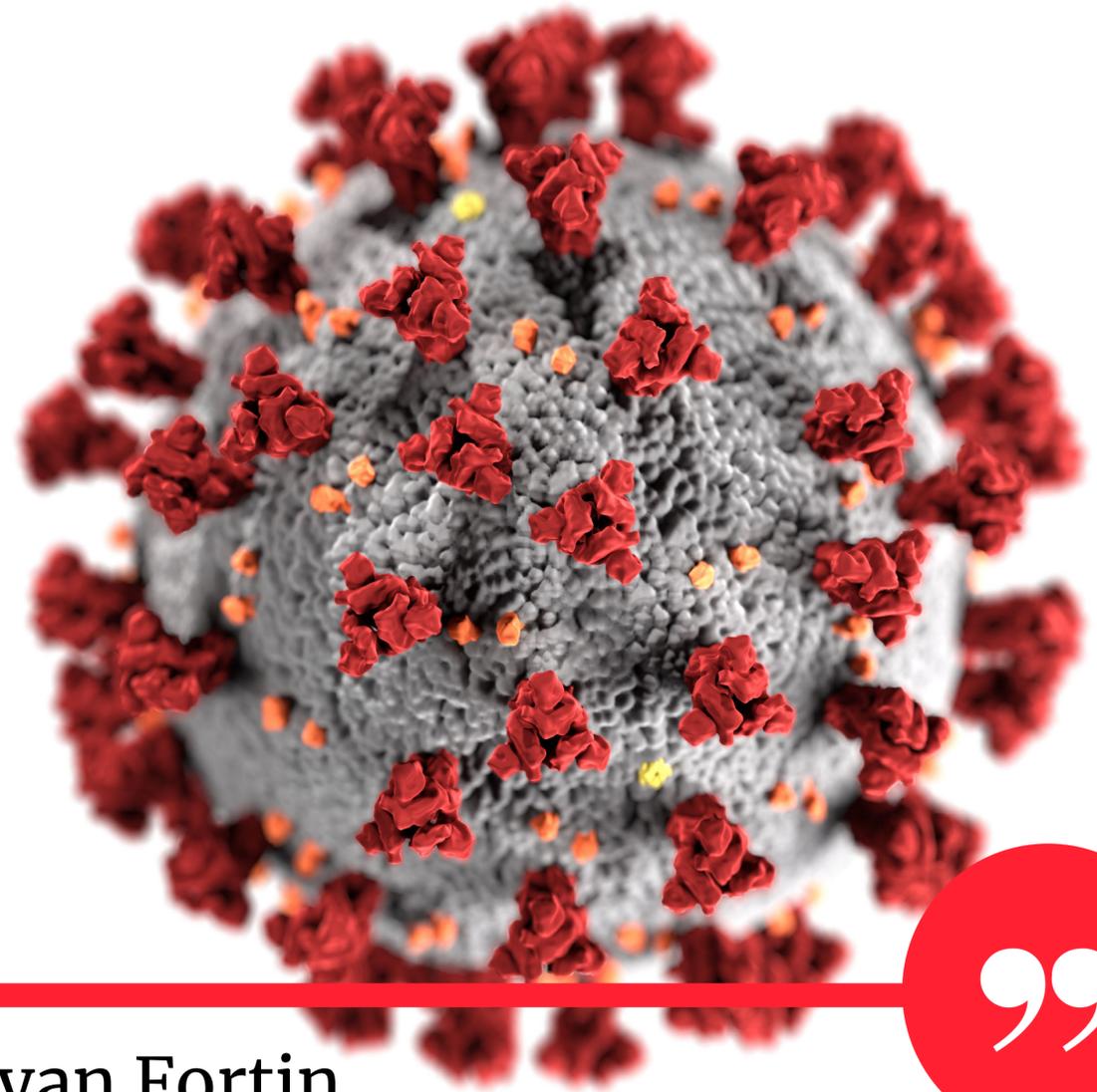
We all know how tough and rocky the road was for everyone, especially for those who are in the frontline, facing every people with the fear of being positive to the virulent virus affecting the entire population of mankind.

Being assigned in the COVID area, since day one, the pressure is always all over us. The attitude and mindset of following the guidelines as per protocols and yet still; to remain humane.

In every after code blue once patient died is always hard. to face and tell every claiming families that they are not allowed to see the deceased body as per existing protocol that mandates, there is no interment for the departed bodies once the patient was tag as covid suspect.

To sympathize and to follow the policies of the bereaved family was indeed hurtful to us. The struggles to every mean, harsh words, complemented to some of those families and others who do not agreed. seems like, we are served as punching bags both being punched by the loads of what we call our passion and the fist of everyone who we call our patient and patient's relatives.

Despite the struggle, it was very fulfilling to serve for the people around us.



Neil Bryan Fortin  
ER Triage Nurse  
Olongapo City

COVID-19 pandemic caught us all by surprise, an event in our lives that we never imagined possible. This is an event that we usually see in a post-apocalyptic movies. Streets are empty, majority are wearing masks, panic buying, and many more. But somehow, in some way, we adapt, thus, starting our "new normal".

However, it wasn't easy, especially to the nurses. A nurse's duty is to take care of the sick making them frontliners in battling COVID. They are considered as one of the heroes during this trying times. Now that they have adjusted to the new normal, it's time to explore the nurses' in private sectors perspectives during this pandemic. Here are the four (4) questions we asked our critical care nurses:

- 1** What are the effects of COVID-19 pandemic to frontliners?
- 2** What challenges did you experience during the pandemic?
- 3** How did you address the challenges you've encountered?
- 4** What best practices did your hospital adapted to fight the COVID-19 pandemic?



## CCN NURSES DURING PANDEMIC

John Christian Agustin, RN

Majority of the critical care nurses felt that COVID-19 affected their psychological or mental health. The stress brought about by working in a COVID area, seeing their patients "come and go", makes them feel paranoid. They are scared to get infected and eventually transmit it to their loved ones. Hence, even if they are only experiencing a simple headache or colds, this causes them to isolate themselves. This pandemic brought physical exhaustion as well. Extension of working hours and sudden changes in schedule was common due to the number of nurses having symptoms and needs to be isolated while waiting for the result of their swab test. Another factor that was mentioned that caused their fatigue was the introduction of new guidelines and safety protocols in clinical practice. Though there have been several challenges, their spirits were lifted when several organizations and companies showed their appreciation to nurses by giving donations and discounts. Some

establishments even created a special lane for medical frontliners for them to be immediately catered.

During this event, the nurses felt that their biggest challenge is being discriminated. Let's be honest. We heard stories of nurses being mistreated in their community and even in their own homes. Some dormitories or apartments asked their nurse-tenants to leave for the time being due to the fear of contracting the virus. There have been some establishments too that don't allow people wearing scrub suits to enter the building. Others felt that some people are obviously distancing themselves from hospital employees.

Transitioning to a new normal is no easy feat. Their family is a key contributor who helps the nurses adapt to the changes in their daily lives. Their home serves as their safe place, a haven during the unknown of

COVID-19. During this period, the nurses also re-discovered their life's purpose, their principles to live by to heal, to serve, and be a beacon of light in this dark times.

Lastly, the critical care nurses cited different practices made by their institution to fight and control the virus: guidelines & safety protocols were revisited and relayed, adherence to compliance in wearing PPE was re-enforced, training in donning and doffing was facilitated, social distancing was practiced, proper patient zoning was observed, free accommodations for those in need were offered, assistance in transportation were provided, free vitamins were given, free swab testing & confinement for those associates who were diagnosed with COVID were granted.

Nurses or not, this incident brought hardship to all of us. It could happen again, but one thing is for sure, nurses' commitment to render service will never fade. They will always be prepared in times of need.



**CRITICAL CARE NURSES ASSOCIATION OF THE  
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# **A Better Normal**



# Global Movement in the time of Pandemic

**Mark De La Rosa, MAN, RN**

Last July 2, 2020, the webinar entitled Global Sustainable Health Equity Movement was launched and hosted by the University of Massachusetts Medical School and reached a lot of interested parties including CCNAPI members using the zoom platform. The said event was attended by different professionals and specialties.

The event focuses on the unacceptable global health inequities that have been experienced and currently still ongoing delinquency especially in this time of global crisis.

Dr. Tedros Adhanom, Director-General of the World Health Organizations, and Dr. Michelle Bachelet of High Commissioner for Human Rights, United Nations were the one who set the tone of the webinar. Representatives from different organizations like World Federation of Critical Care Nursing (WFCCN), World Medical Association (WMA),



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HEALTH EQUITY



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**Newsletter**



# CCNAPI Board of Directors gained special mention in NCS

Mark De La Rosa, MAN, RN

In the recent Presidential Update in the Neurocritical Care Society (NCS), our very own CCNAPI Board of Directors gained a special and honorable citation to all NCS members. This was given in honor of the Year of the Nurse by President Mary Kay Bader last July 2, 2020.



Their exemplary effort towards the discipline of Neurocritical Care Nursing was noticed globally by providing activities that will reach the Filipino Nurses. Professor Rogado introduced the Emergency Neurologic Life Support (ENLS) Certification Course in the Philippines last May 2016. Since then, it has been a trend in the country to certify and recertify nurses and physicians in line with neurocritical discipline. Through her, several runs of NELS were conducted in different areas of the country (Alabang, Davao, NCR) and in Indonesia. She also played a part in the foundation of the Philippine Neurocritical Care Society (PNCS), a global partner of NCS community.



In PNCS, she is currently the Vice President and helps to promote the importance of multidisciplinary approach in taking care of a neurocritically-ill patient. In 2017, she also received a Presidential Citation Award.



President Rogado and Secretary Serondo with the NCS family

Our board secretary on the other hand, Diana Jean Serondo, is an active member of NCS. She is also an active member of the NCS Nursing Leadership Section. In 2016, she won a travel grant to participate in the Annual Meeting and paved way to a lot of opportunities. She is the first international nurse committee member that became part of the leadership committee.

She collaborated with NCS leaders to help assess the needs of the neurocritical nurses. She became a co-author an NCS Self-Paced Educational Study in Traumatic Brain Injury which was launched in 2017. She also initiated a network with the American Association of Neuroscience Nurses to bring in another nursing certification.

With the new network she made and with the guidance of President Rogado, the stroke nursing certification was successfully brought home, Years of planning and collaboration, in 2019, eight (8) stroke nurses were successfully certified as Stroke Certified Registered Nurses by the American Board of Neuroscience Nursing. This was made possible by the educational grant of the Agnes Marshall Walker Foundation that was given to CCNAPI.

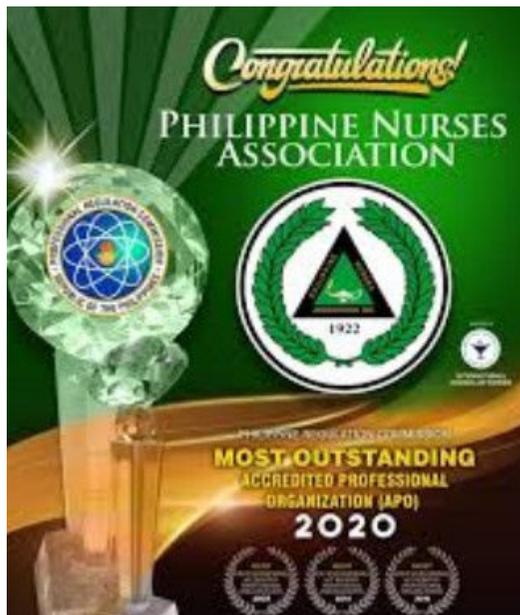
CCNAPI envisions that nurses will develop competency in the discipline of Neurosciences. In collaboration with the Neurocritical Care Society, these goals can be achieved. Furthermore, CCNAPI hopes that Philippine practice will embrace the neuroscience nursing specialization.

Ms. Serondo in representing the Philippines in the NCS Annual Meeting in Florida, USA together with the rest of the Panel Speakers of the Plenary entitled Traumatic Brain Injury Management: An International Multidiscipline Perspective of the Challenges and Difference in Management



# 2020: The Year of the Nurses and Midwives

Ma. Isabelita C. Rogado, MAN, RN, DNS(c)



The year 2020 was declared as the Year of the Nurses and Midwives. Despite the extraordinary global challenge that the coronavirus pandemic brought, this made the nurses shine as they frontline the fight against the COVID-19.

Filipino nurses all over the world were recognized for their heroic services. We lost some of them as they, themselves were not spared of the contagion.

Nurses not in the frontline still laboriously lead in advocating for the nursing profession and its nurses. Under the dynamic leadership of the BON Chair Glenda Arquiza and the members, BONs Carfreda Dumlao, Carmelita Divinagracia, Gloria Arcos, Corazon Anonuevo, Florence Cawaon and Elizabeth Lagrito pursued the nursing Roadmap 2030 through lobbying for the comprehensive nursing bill so it becomes a law that is more responsive to the current needs of the Filipino. Likewise, they endured that a career pathway for nurses will provide recognition based on the acquired competencies by crafting the Nursing Career Progression and Specialization. The Philippine Standard of Practice promulgated by the PRBON became the reference of all national nursing organizations in crafting their specific standards of practice and scope of practice. The advance practice nursing considered as a Level 8 education has been defined in terms of its professional descriptors.

The curriculum for the APN is currently being designed by the Commission on Higher Education (CHED) Technical Committee. These initiatives are just some of the highlights of how 2020 was lived by the Philippine nursing profession and its nurses. The hard work and dedication of nursing leaders has blossomed and we are now harvesting its fruits as the nursing profession was awarded the following citation by the Philippine Regulatory Commission: Outstand Board (PRBON), Outstanding Profession (PNA), and having an Outstanding Professional (Dr. Sheila Bonito).



“

***As an advocate in Specialty Nursing, we conducted a free webinar in sepsis hosted locally.***

In a bigger endeavor, Professor Maria Isabelita Rogado, President of CCNAPI shared her expertise on a global platform during the World Sepsis Meeting.

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**MARK DE LA ROSA, MAN, RN**  
*CPD Chair, CCNAPI*



# CCNAPI TAKE PART IN THE ANNUAL SEPSIS CELEBRATION

**Mark De La Rosa, MAN, RN**

The Critical Care Nurses Association of the Philippines, Inc (CCNAPI) participated on the yearly celebration of Sepsis Awareness. As an advocacy of the Specialty Nursing Organization in the Philippines, CCNAPI conducted a Free Webinar regarding to sepsis in order to cascade information to the grassroots.

The webinar was conducted last September 11, 2020 with the title "Understanding Sepsis: Empowering Nurses towards better Patient Care". The speaker of the said educational activity is Mr. Jefferson C. Casuscian who is a registered nurse assigned in Surgical Transplant ICU at Ronald Reagan, UCLA Medical Center, California, USA. The webinar was attended by more than 1,500 Nurses and Health Care

Practitioner coming from different part of the world. CCNAPI partnered with Delex Pharma International, Inc. to make the annual event possible.



Critical Care Nurses Association of the Philippines, Inc. (CCNAPI) 

## Understanding SEPSIS

EMPOWERING NURSES TOWARDS BETTER PATIENT CARE

September 11, 2020  
Friday / 10 AM to 12 NN

Speaker:

**JEFFERSON C. CASUCIAN, RN, BSN, TCRN**  
Surgical Transplant ICU  
Ronald Reagan UCLA, California USA



**CCNAPI  
Newsletter**



# WORLD SEPSIS MEETING

BREAKING BARRIERS AROUND THE WORLD

On the other hand, Professor Maria Isabelita C. Rogado, the President of CCNAPI shared her expertise as she took the discussion on a higher level in a global platform and talk over about “Geographical Disparities in Sepsis Outcome”. The World Sepsis Meeting Breaking Barriers around the World is an event made by and for professionals who are part of the multidisciplinary team that cares for infected critically ill patients. It is made with the intention of sharing different specialties but other members of the interdisciplinary teams, such as nurses, physiotherapy, psychology, pharmacists, nutritionist and veterinarians.

## Geographical Disparities in Sepsis Outcome

**Geographical disparities in sepsis outcome**

Prof. Maria Isabelita C. Rogado  
Ambassador, World Federation of Critical Care Nurses  
President, Critical Care Nurses Association of the Philippines  
Faculty, Graduate School of Nursing, Ateneo University

Maria Isabelita C. Rogado, RN, MAN  
Ambassador World Federation of Critical Care Nurses  
Manila, Philippines

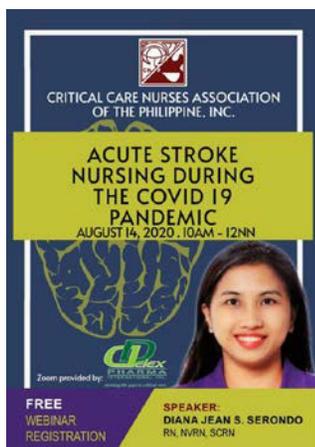
CCNAPI  
GRUPO DISTRIBUNA  
WORLD SEPSIS MEETING

The program consisted of 150 speakers from 55 countries, representing the 5 continents is inclusive, diverse, gender balanced representing the critical care team. With this educational learning activity, development of awareness and proper identification of sign and symptoms of sepsis will mitigate the case and will achieve the goal of the Global Sepsis Alliance.

# What is Stroke?

is a neurological deficit attributed to an acute focal injury of the central nervous system due to an underlying vascular pathology. This includes, cerebral infarction, intracerebral hemorrhage and subarachnoid hemorrhage.

## 1 Among the leading causes of death in the world.



## 2 Types of stroke: Ischemic & Hemorrhagic stroke

### What is Ischemic Stroke?

It occurs when there is a blockage of an artery supplying the brain; it can be temporarily blocked or completely blocked causing neurological damage to the brain. It is the most common form of stroke and comprises about 80% of the stroke cases/

### What is Hemorrhagic Stroke?

Happens when there is bleeding in the brain causing neurologic damage.

2 types of Hemorrhagic stroke:  
a. Intracerebral Hemorrhage  
b. Subarachnoid Hemorrhage



John Christian Agustin, RN

The Critical Care Nurses Association of the Philippines Inc. (CCNAPI) had their 1<sup>st</sup> webinar during the time of pandemic in collaboration with Delex Pharmaceuticals via Zoom platform. The chosen topic was entitled "Acute Stroke Nursing During the COVID-19 Pandemic". The webinar focused on the role of an acute stroke nurse in providing care to a patient with cerebrovascular accident particularly during the emergence of COVID-19.

The speaker of the topic was Diana Jean Serondo, the Secretary of the CCNAPI, and a Stroke Certified Neurovascular Nurse- ANVC & Stroke certified registered nurse- ABNN.

Her experience and mastery of the said topic showed the nurses the importance of the three categories of the adapted protocol of acute monitoring such as neurological observations, blood pressure and intake output monitoring, and specific post-reperfusion issues. She also touched the common stroke complications that nurses must watch-out for to avoid further deterioration of the patient that might lead to death. She also emphasized the importance of unified team approach that aims to closely monitor the patient, accordingly plan the care needed, facilitate communication among the health care team, and be advocates of health education.

The pandemic brought about by COVID-19 virus caught us all by surprise. It brought changes to our daily lives creating "a new-norm". Nevertheless, the CCNAPI will continue to share their knowledge and provide quality programs to help nurses achieve their goal – to deliver excellent patient care to their patients.

August 2020

## 3<sup>rd</sup> leading cause of disability

### Stroke Chain of Survival

Detection- early recognition  
Dispatch- call emergency  
Delivery- transport  
Door- Immediate triage  
Data- blood works & imaging  
Decision- rapid treatment  
Drug – administration of therapy  
Decision - admit or transfer to stroke unit

### The KEY

Stroke Nursing involves a dynamic approach in a multidisciplinary team. The key to stroke nursing is doing nursing activities in a methodological series.

1. Neurological Assessment through the use of NIHSS
2. ABC support.
3. Continuous vital signs monitoring.
4. Maintain normothermia.
5. Maintain normal sugar level.
6. Use of Isotonic fluids
7. Don't forget nutrition.
8. Proper Positioning
9. Provide health education.
10. Perform quality stroke monitoring.

## 4 Signs that we need to watch: Face drooping Arm weakness Speech difficulty Time to call emergency hotline

AUGUST 28, 2020

# CCNAPI NEWSLETTER



CRITICAL CARE NURSES ASSOCIATION OF THE PHILIPPINES, INC.



## DELIRIUM IN ICU What Nurses Should Know?

Ericson S. Batan, MAN, RN, SCRNP, CLSSYB

### The Webinar

Last August 28, 2020, CCNAPI held a free 2-hour webinar entitled Delirium in ICU: What Nurses should know. The program was delivered via zoom online meeting platform and was attended by 1,673 participants. The webinar was done by CCNAPI in partnership with DELEX Pharma.



### ABOUT THE SPEAKER:

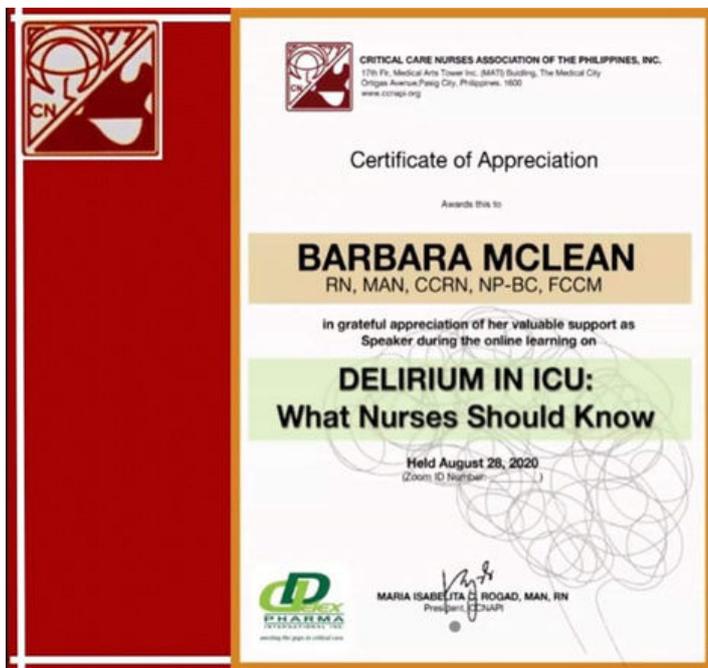
- Barbara McLean, MN, RN, CCRN, CCNS-BC, NP-BC, FCCM
- Has 40 years of Critical Care Experience
- Critical Care Clinical Specialist at Grady Health System; Atlanta GA
- Member of American Association of Critical Care Nurses (AACN), the Society of Critical Care Medicine (SCCM) and the American Association of Surgery and Trauma
- An educator
- An author of various books and researches
- Her research has been focused on blood flow and oxygenation and she continues to expand her knowledge every day in her local and international clinical practice

# About the program

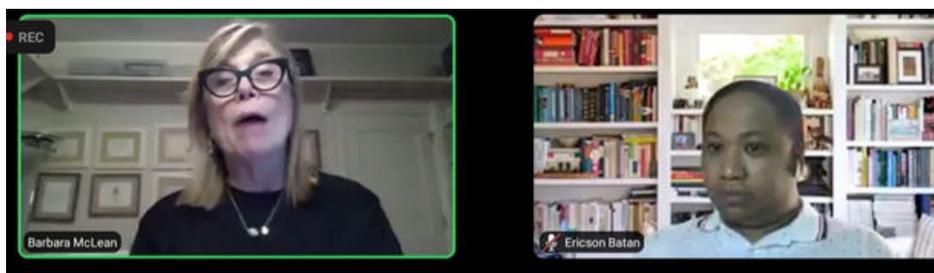
The program was a 2-hour webinar that focused on the delirium management based on the current guidelines for Pain, Agitation and Delirium (PAD) from the Society of Critical Care Medicine. The session highlighted two highly sensitive, reliable, and easy-to-use screening instruments such as the Intensive Care Delirium Screening Checklist [ICDSC] and the Confusion Assessment Method for the Intensive Care Unit [CAM-ICU] developed specifically for the detection of delirium in nonverbal ICU patients.

Objectives of the program were:

- a. Utilize validated delirium assessment tools in the recognition of delirious patients
- b. Demonstrate collaborate practice with the health care team in managing the delirious patients.
- c. Apply critical thinking in care of the delirious patient
- d. Keep abreast of the legal and ethical issues relevant to the management of patients with delirium



The CCNAPI President, Professor Maria Isabelita Rogado provided the opening remarks and inspirational message to the participants and member of CCNAPI and the program was moderated by Ericson Batan. A Q&A portion and post-test was done after the lecture and an online certificate was provided to the attendees which they can use to apply CPD points under Self-Directed learning



# PHILIPPINE NEUROCRITICAL CARE SOCIETY CONDUCTS FIRST WEBINAR

MA. ISABELITA C. ROGADO, MAN, RN, DNS(C)

On September 5, 2020, the PNCS in partnership with CCNAPI and Pfizer, Philippines, conducted a webinar entitled "Liberation: Managing Pain, Delirium and Immobilization". The scientific committee headed by Dr. Jose Miguel Medrano and Dr. Kristoffer Flores conceptualized the theme in recognition of the ICU Liberation that is a quality improvement program geared towards reducing the patient's symptoms of pain, agitation, and delirium (PAD) that threaten the patient's sense of self-worth and dignity.

The speakers during this virtual activity were Kathleen Vollman, Treasurer of the World Federation of Critical Care Nurses; Dr. Geraldine Siena Mariano, President of PNCS; Dr. Joanne Robles, Dr. Jose Miguel Medrano, Dr. Kristoffer Flores, and Mr. Edward Tolentino of the PNCS.

The survey done during this webinar comprising of 1076 respondents showed that the participants were mostly nurses (77.8%) and doctors (7.6%). The majority (71.4%) were not aware of the ABCDEF ICU Liberation Bundle. The majority claimed that the principles they learned from the speakers will be helpful to their practice; the speakers were very knowledgeable about their topics, presented clearly and effectively.

This is just the first webinar of the PNCS and the officers are now conceptualizing some more webinars to advocate the practice of neurocritical care.

**PHILIPPINE NEUROCRITICAL CARE SOCIETY** **Pfizer**

**Neurocritical Care during the COVID-19 Pandemic**

## LIBERATION

Managing Pain, Agitation, Delirium, and Immobilization in the Intensive Care Unit

**Kathleen Vollman, MSN, RN, CCNS, FCCM, FAAN**  
Clinical Nurse Specialist in Critical Care  
ICU Liberation: Management Principles

**Joanne B. Robles, MD, FPCP, FPNA, FPSCCM**  
Internal Medicine, Adult Neurology and Critical Care Medicine  
Critical Care Approach to Pain, Agitation, Immobilization, and Sleep Interruption

**Geraldine Siena L. Mariano, MD, FPCP, FPNA, FNCS**  
Internal Medicine  
Adult Neurology  
Neurocritical Care Medicine  
Neurocritical Care during the COVID-19 Pandemic

**Jose Miguel M. Medrano, MD, FPNA**  
Adult Neurology  
Vascular Neurology  
Delirium as Acute Brain Failure: Updates and Pathophysiology

**Manolo Kristoffer Flores MD, MBA, FPNA**  
Adult Neurology  
Cases and Dilemmas on Pain, Agitation and Delirium in the ICU

**Edward A. Tolentino, RPh, MBA-H**  
Clinical Pharmacy  
MBA in Health  
Pharmacology of Agents for Pain Management, Sedation and Delirium

**September 5, 2020 7-9PM**  
Register for FREE at <https://bit.ly/32cPoEj>



**FIRST VIRTUAL EVENT**

# ICU Nursing during the time of Pandemic

**Diana Jean F. Serondo, RN, NVRN-BC, SCRN**

**CRITICAL CARE NURSES ASSOCIATION OF THE PHILIPPINES**  
in partnership with  
**GETZ PHARMA PHILIPPINES INC.**  
invites you to a webinar entitled

**ICU Nursing Management in times of Covid-19**  
on  
**September 10 @ 4pm**  
via **zoom**

**SPEAKER:**  
**Ericson S. Batan, MAN, RN, RM, SCRN, CLSSYB**  
House Manager  
St. Luke's Medical Center- Global City

Another webinar initiative of CCNAPI is in a fruitful collaboration with Getz Pharma Philippines, Inc which discussed about ICU Nursing Management in times of COVID-19. This topic was delivered by Mr. Ericson Batan who is a House Manager at St. Luke's Medical Center - Global City and later on during the discussion he revealed that this topic felt very appropriate for him to discuss since he recently was a survivor of the virus.

This lecture provided updated recommendations and guidelines for COVID management that focused on the therapeutic management and nursing consideration in taking care of critically-ill COVID-19 patients.

This was attended by a virtual audience of approximately 1000 participants. The nurses were very eager to learn and was very interactive during the question and answer discussion. Indeed, this webinar was successfully set as the audience felt that it was very relevant to the current nursing practice.

# Simplifying Bedside Stroke Assessment

**Ma. Isabelita C. Rogado, DNS(c), MAN, RN**

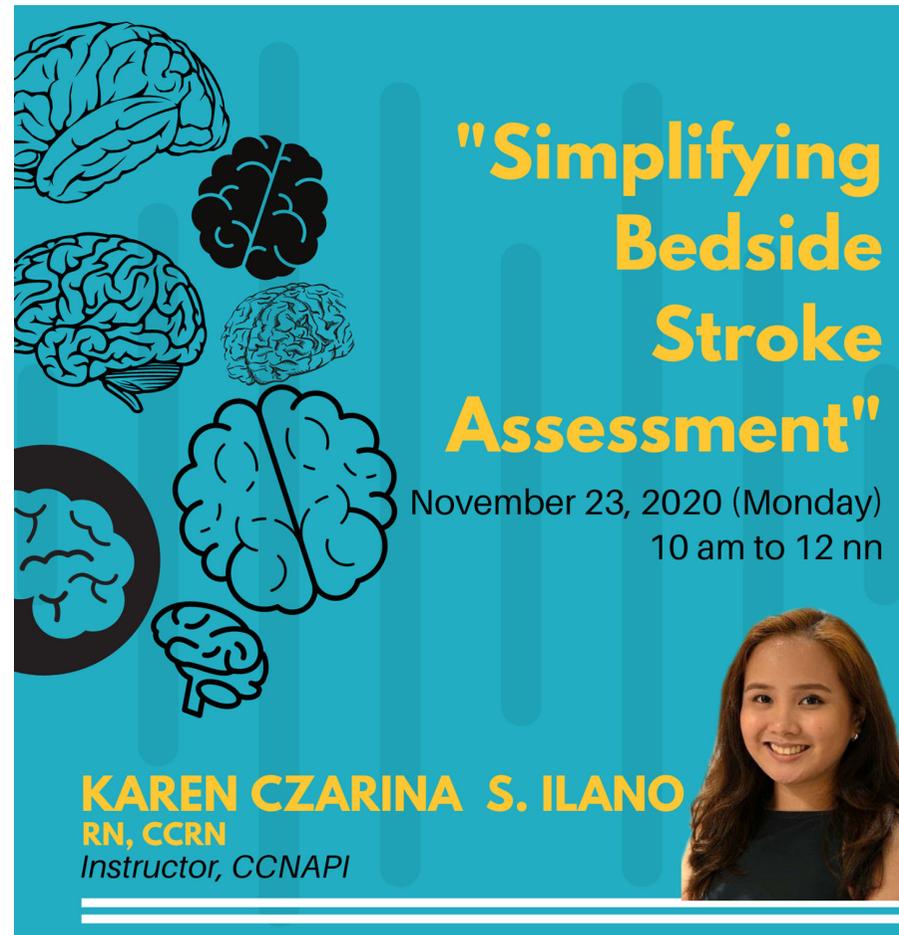
Acute Stroke is a medical emergency and major cause of death and disability. The patient outcomes depend on how quickly the blood flow can be restored to the damaged area of the brain. It is essential for nurses to perform assessment of a stroke patient that involves rapid, concise, history and exam such as NIHSS which is administered simultaneously as the patient gets IV access, telemetry and laboratory tests. This rapid performance depicts the dictum "Time is Brain" wherein we should not waste any time at all in doing the assessment.

In this challenging time where COVID-19 pandemic places great stress on the role of nurses at the bedside, it is but important to provide some guidelines on how we can provide a simplified yet comprehensive assessment of the stroke patients.

It is our advocacy in CCNAPI to help the nurses be informed on the current evidenced-based practice that will promote the competencies of the bedside practitioners. Hence this webinar was launched last November 23, 2020 and was discussed by Ms. Karen S. Ilano, RN, SCR.N.

This webinar focused on the role of an acute stroke nurse in making a comprehensive bedside stroke assessment incorporating strategies to make the assessment simple and practical. Specifically, the discussion was guided by the following: the most current and relevant scoring systems and scales used for stroke; the purpose of stroke-specific neurologic examinations such as the NIHSS; accurately interpreting the NIHSS score by understanding the individual components of the exam and having a full NIHSS demonstration using a patient sample scenario.

We are happy to have reached out over a thousand viewers during the webinar who have provided a very satisfactory evaluation of the program.



**"Simplifying  
Bedside  
Stroke  
Assessment"**

November 23, 2020 (Monday)  
10 am to 12 nn

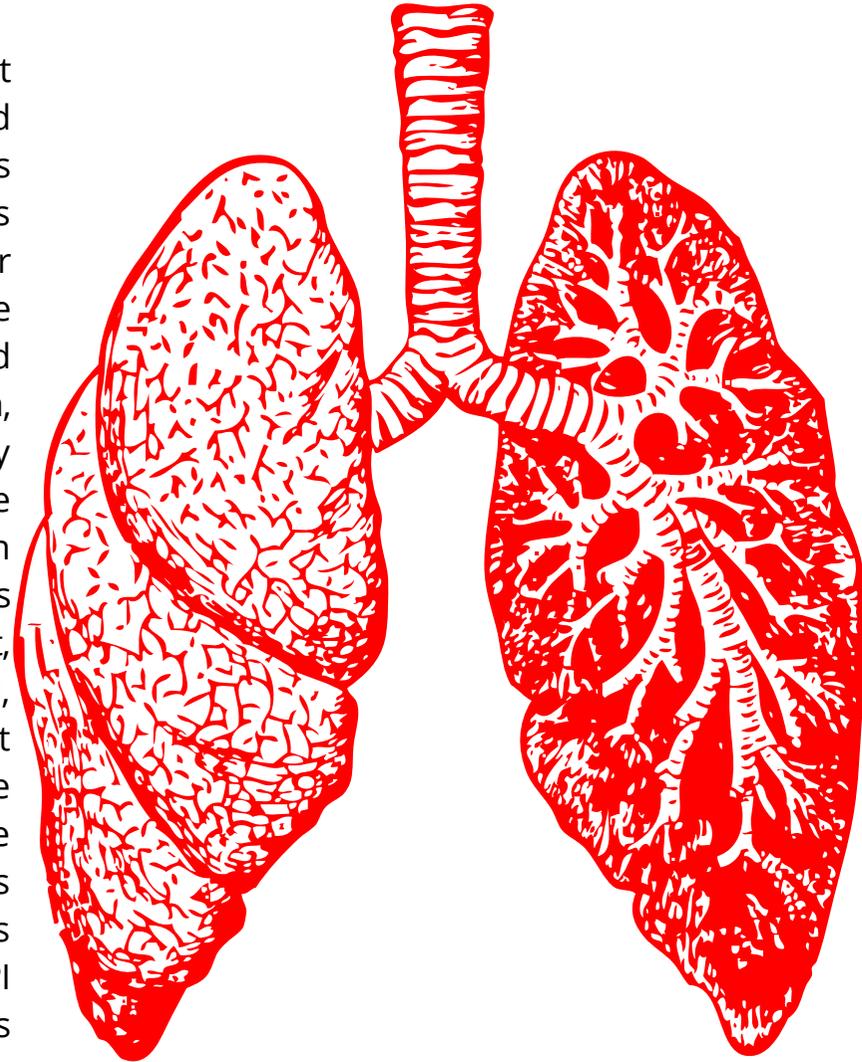
**KAREN CZARINA S. ILANO**  
RN, CCRN  
Instructor, CCNAPI



# Webinar Series: Care of Patient on Mechanical Ventilation

**Ma. Isabelita C. Rogado, DNS(c), MAN, RN**

In order to continue educating our incoming and current critical care nurses despite the pandemic, CCNAPI has offered its first stand-alone webinar series entitled "Care of Patients on Mechanical Ventilation". This is a 4-part webinar series conducted last October - November 2020. The webinar provided the nurse participants the concepts relevant to the care of patients on a mechanical ventilator. Topics included are advanced pulmonary assessment, ABG interpretation, mechanical ventilation dynamics and principles, airway adjuncts, mechanical ventilator modes and settings, and case scenarios involving mechanical ventilation. Evidence on nursing care of these mechanically ventilated patients was also discussed focusing on patient safety and patient comfort, pain management, and sedation. Mr. Ericson Batan, MAN, RN, RM, SCRN, and CPT Phil Adrian Carrera NC, CCNAPI's resident instructors, delivered the lectures. An online quiz and case scenario analysis was also given to the attendees to gauge and maximize their learnings. Questions from the participants are well entertained after each webinar. The webinar series was attended by 132 nurse participants nationwide. CCNAPI will continue to hold online educational sessions like this webinar series as part of our mandate to improve the delivery of critical care nursing to our clientele.



# Roadshow went Virtual

**Diana Jean F. Serondo, RN, NVRN-BC, SCRN**

The Critical Care Nurses Association of the Philippines, Inc. in partnership with Pfizer Roadshow topics concluded the year by going virtual. The roadshow program concluded as a 2-day webinar event via Webex.

Topics that were discussed on the first day of the webinar were warm shock and its management, cold shock and its management. These were discussed by Mr. Mark De La Rosa and Mr. Ericson Batan.

The second-day topics were about nursing responsibilities in vasopressors and shock epidemiology which was discussed by Mr. John Christian Agustin and Prof. Ma. Isabelita C. Rogado.

This webinar was well attended by a variety of critical care nurses of over a thousand audience. Because of the pandemic, the roadshow plan of multiple events for different localities transformed into this 2-day virtual event. This was embraced by nurses as it was accessible, convenient, and keeping everyone safe at their own places. Despite the shift, nurses still learned a lot from this activity that they can apply gained knowledge when they return to their practices.



**"SHAKING THE SHOCK"**

**NOVEMBER 25 AND 26, 2020**  
(WEDNESDAY AND THURSDAY)  
10:00 AM TO 12:00 NN  
via WEBEX

# A CCNAPI Webinar to Mend the Achy Breaky Heart

**CPT PHIL ADRIAN S CARRERA NC**

**CRITICAL CARE NURSES ASSOCIATION  
OF THE PHILIPPINE, INC. (CCNAPI)**



## **MENDING THE ACHY BREAKY HEART**

### **OVERVIEW OF HIGH ALERT CARDIOVASCULAR DRUGS**

**DECEMBER 16, 2020 / 10 AM - 12 AM**



**JOHN CHRISTIAN M. AGUSTIN, RN**  
Vice-President  
CCNAPI

The Critical Care Nurses Association of the Philippines, Inc., in partnership with Delex Pharma, had given nurses in the country a treat with a free two-hour webinar last December 16, 2020. The online lecture was delivered by no other than the CCNAPI Vice President, Mr. John Christian Agustin, RN. It was attended by over 2,000 participants nationwide. The webinar, dubbed "Mending the Achy Breaky Heart" provided an overview of common high alert cardiovascular drugs and focuses on the roles and responsibilities of nurses during its drug administration to prevent possible incorrect administration and significant adverse clinical outcomes. Specifically, the different high-alert cardiovascular drugs were discussed in terms of their indication, action, dose, and precautions. The peculiarity of administration of these drugs cannot be more emphasized by the speaker relative to safe medication administration principles. It was indeed a very fruitful activity as nurses learned a lot from the speaker.

ZOOM PROVIDER



# CCNAPI Completes Requirement for Specialty Certification

**Ma. Isabelita C. Rogado, DNS(c), MAN, RN**

One of the thrust Professional Regulatory Commission (PRC) is to expand its Professional Development Plan by creating career roadmaps to ensure Professional Excellence enabling the professional to achieve recognition locally and internationally as highly proficient with advanced skill sets in their respective professional discipline. Hence, the PRC through the various Professional Regulatory Boards (PRBs), and in consultation with the Accredited Professional Organization/ Accredited Integrated Professional Organization, the Civil Service Commission, and other concerned government agencies and stakeholders, crafted the process of formulating and implementing quality assured Career Progression and Specialization Programs (CPSP) as part of its mandate in spearheading the development of the Professional Career Progression and Specialization. The PRC mandated the creation of the Career Progression and Specialization Program and Credit Accumulation and Transfer System (CPSP-CATS) Committee for each of the regulated professions.

The PRB CPSP-CATS Committee will likewise provide quality standards consistent with the Philippine industries' job requirements and demands. The career progression mechanisms will lead to specializations /sub-specializations. The quality assurance mechanism will focus on the validation, accreditation, and recognition of formal, non-formal, and informal learning outcomes, including professional work experiences and prior learning. These professional specific training standards and qualifications aligned with industry standards and the international qualifications framework shall be the basis for conferring professional qualification titles (PRC, 2020).

CCNAPI was among the professional organization that submitted the required documents necessary to support the recognition as a specialty organization. Among the documents were the Security and Exchange Commission Registration certificate, By-laws, List of officers, List of members, Scope and Standard of Care, Professional Qualification Descriptors (PQF) for Levels 6, 7 and 8 and the Philippine Qualifications Register (PhQuaR).

Current, CCNAPI was among the five national nursing organizations that has passed the documents review and awaiting the PRC Resolution for the Career Progression and Specialization Programs

## References

PRC. PRC Gears Towards the Professionals' Career Progression and Specialization

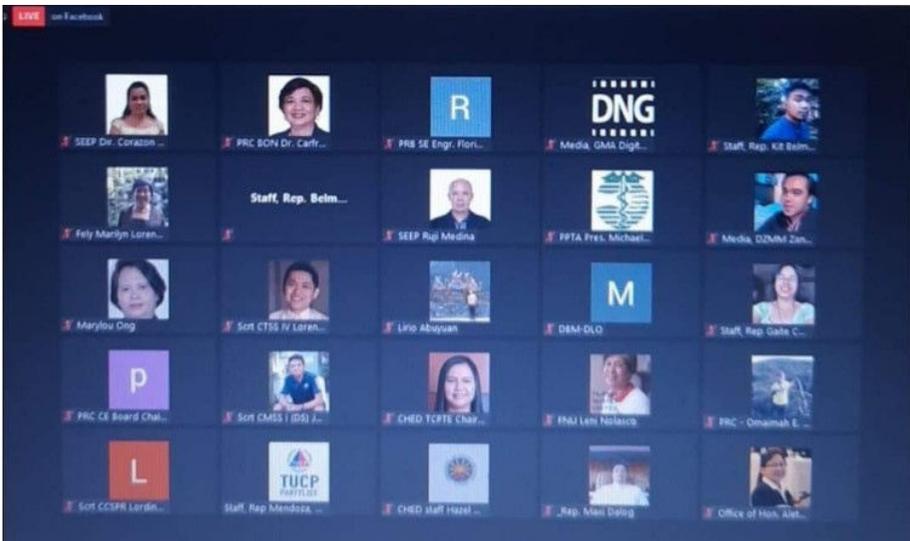
Posted on 27 August, 2020 Accessed January 19, 2021 at <https://www.prc.gov.ph/article/prc-gears-towards-professionals%E2%80%99-career-progression-and-specialization/4575>

# Comprehensive Nursing Bill Now in the House of Representative

**Ma. Isabelita C. Rogado, DNS(c), MAN, RN**

In 2016, the Comprehensive Nursing Law was vetoed by then Pres. Benigno S. Aquino, Jr. However, the Board of Nursing under Hon. BON Carfredda Dumlao, as the BON lead on the Comprehensive Nursing Bill initiative, did not waste time in revising the nursing bill so that this can be resubmitted to the Lower and Upper house (Congress and Senate). Despite the evolution undertake to enhance the provisions of the nursing bill, her effort did not go to waste. In August 2020, the Comprehensive Nursing Bill was enrolled in the Lower House by Deputy Speaker and Camarines Sur 2nd District Representative Luis Raymund Villafuerte, Jr. as House Bill 7431. There were ten other nursing bills that were file in the Lower House by other congressmen. Hence, there was a motion to harmonized the existing nursing bills into one. Congresswoman Joy Myra Salvador Tambunting was designated as Chair in harmonizing the eleven nursing bills that were enrolled in the Lower House.

A public consultation was called by the Lead BON Dumlao on September 12, 2020, through ZOOM hosting by the UP College of Nursing. This forum aimed to provide the following: background and rationale for the evolution of revisions and versions of the nursing bill since 2016; opportunity for the nursing community to contribute in the finalizing of the bill through their comments, questions, and suggestions; information about the provisions and components of the Bill; transparency in the development of legislation and active engagement of the whole nursing community.



The salient points discussed during the public consultation were as follows: Mission of the Board of Nursing; Salary and Compensation; Precarious work was described in detail and defining decent work and the expansion of prohibited acts and penalties; Refunds and compensation, including sanctions and appropriations; Qualification of Registered Nurses such as the general Practice Nurse, Specialty Nurse and Advance Practice Nurse including provisions for a clear pathway to Advance Practice Nursing through the Career Progression and Specialization Program (CPSP); Research, policy development and Planning that included staffing standards and provisions for nursing Health Human Resource development management system that will utilize evidence-based tools to determine staffing requirement; provisions for a National Chief Nursing Officer; National Admission Test for Basic Nursing Education; qualifications of the dean and faculty for BSN and Graduate Education; and lastly, Return Service Agreement.

On November 9, 2020, Cong. Tambunting called for the first hearing of the nursing bills. The nursing community was well represented during the hearing. Position statements were presented by the PRBON, PNA and Filipino Nurse United (FNU). On December 16, 2020, the Lower House committees on Civil Service and the proponent of the CNB represented by the Co-Chair Cong. Villafuerte had the second hearing. The result of the meeting was an approval from the Committee on Civil Service. We will just be waiting for the next hearing to present the harmonized nursing bill that will be presented in the whole Lower House



CRITICAL CARE NURSES ASSOCIATION OF THE  
PHILIPPINES, INC.

# Connect with us!



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